

# フィンランド留学ウェビナー STUDY IN FINLAND WEBINAR

2024年3月26日 (火) 17時

26<sup>th</sup> March 2024 5PM

ONLINE



Photo: Sibelius Academy

# 本日の流れ

17:00 開会のご挨拶

17:05 フィンランドの教育制度

イェンナ・タヴァスティ

フィンランドセンター プロジェクトマネージャー

17:30 大学紹介 シベリウス・アカデミー

アンッティ・レヘティネンさん

アイノ・ヤルカネンさん

18:10 留学体験談

竹鼻愛さん ヘルシンキ大学 脳神経科学専攻（修士課程）

18:50 閉会の言葉

イェンナ・タヴァスティ

フィンランドセンター プロジェクトマネージャー

19:00 終了

# Today's programme

5:00 PM Opening words

5:05 PM Finnish Education System

Jenna Tavasti

Project Manager, Finnish Institute in Japan

5:30 PM University introduction: Sibelius Academy

Mr. Antti Lehtinen, Ms. Aino Jalkanen

6:10 PM Alumni talk

Ms. Ai Takehana, Master's degree student in

Neurosciences at the University of Helsinki

6:50 PM Closing remarks

Jenna Tavasti

Project manager, Finnish Institute in Japan

7:00 PM Webinar ends



# 7年連続世界一幸せな国 / Happiest nation – 7th year in a row!

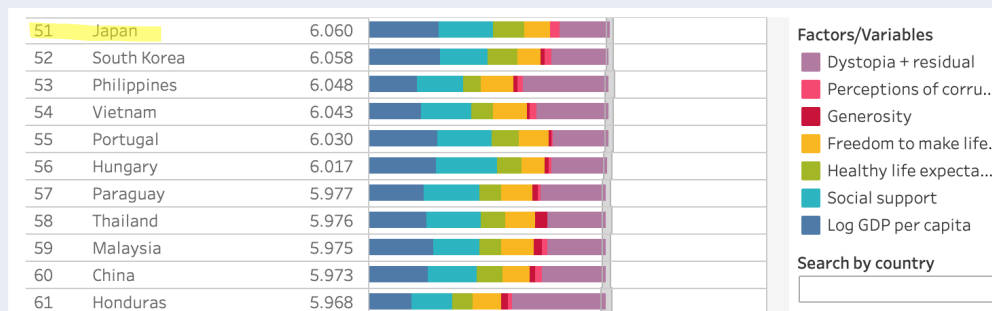
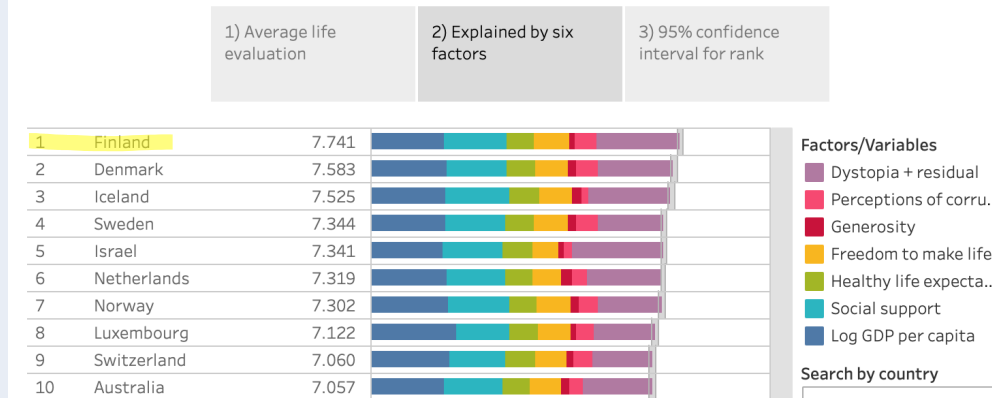
## World Happiness Report 2024

Figure 2.1: Country Rankings by Life Evaluations in 2021-2023

### Notes

**Tab 1 & 2:** The 95% confidence interval is shown in the grey-shaded area at the end of each life evaluation bar.

**Tab 2:** The sub-bars have no impact on the total score reported for each country. Instead, they are a way of explaining the implications of the model estimated in Table 2.1. The few countries that have empty bars do not have sufficient information for the calculation of portions explained by individual factors. These countries still have their overall scores, though, which are based entirely on survey responses, and are independent of our efforts to explore the underlying support factors of happiness.



日本 : 2023 47位  
↓  
2024 51位

# フィンランドの教育 Education in Finland

- 平等 Equal
- 教育の質が高い High level
- 生涯学習 Lifelong learning



Photo: commons.wikimedia.org



# ウェルビーイング Well-being

## ヘルスケアサービス – Student Health care

- Finnish Student Health Service (FSHS)
- 正規学生への無料のヘルスケア  
Free health care for degree students
- メンタルヘルスサービス  
Mental health services



Photo: pixabay.com



Photo: pixabay.com

# ウェルビーイング Well-being

## スポーツサービス University sports services by UniSport (in Helsinki)

- **様々なスポーツと運動**  
Various forms of sports and exercises
  - **休憩時間のストレッチエクササイズ**  
15 minutes break exercises
  - **無料のエクササイズ動画**  
Exercise videos available for free at the University sports centres' websites
- **Well-being for everyone!**

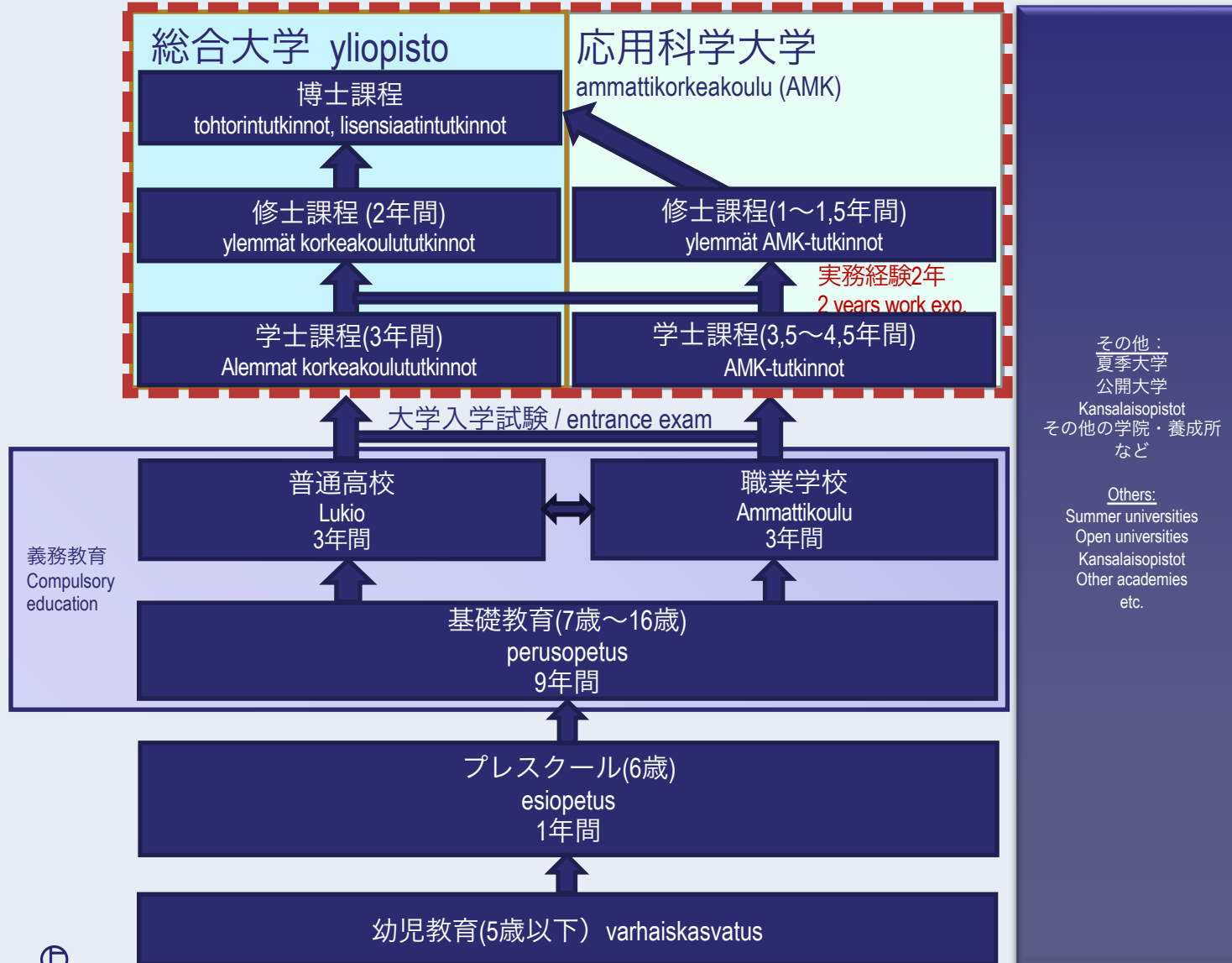


Photo: pixabay.com



Photo: pixabay.com

# フィンランドの教育制度 / Finnish education system



その他：  
夏季大学  
公開大学  
Kansalaisopistot  
その他の学院・養成所  
など

Others:  
Summer universities  
Open universities  
Kansalaisopistot  
Other academies  
etc.

フィンランドの高等教育機関には2種類：

- ①総合大学 (yliopisto)
  - ・ 基礎研究に注力
  - ・ 学士号、修士号、博士号
- ②応用科学大学 (ammattikorkeakoulu)
  - ・ 実践に注力
  - ・ 学士号、修士号

いずれも文系・理系学科がある。

(参考) 卒業年数 (ボローニャプロセスを採用)

There are two types of higher education institutions in Finland:

- ① Universities (yliopisto)
    - ・ Focus on research
    - ・ Offer bachelor's, master's, doctoral and licentiate degrees
  - ② Universities of applied sciences (ammattikorkeakoulu)
    - ・ Focus on practice
    - ・ Do not offer doctoral or licentiate degrees
- ・ Both have departments in humanities as well as science

参考：<https://okm.fi/en/education-system>

# 総合大学 / Universities

<a href="#">AALTO UNIVERSITY</a> <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes	<a href="#">UNIVERSITY OF JYVÄSKYLÄ</a> <a href="#">Bachelor's (Finnish)</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes
<a href="#">HANKEN SCHOOL OF ECONOMICS</a> <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes	<a href="#">UNIVERSITY OF LAPLAND</a> <a href="#">Bachelor's (Finnish)</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes
<a href="#">LUT UNIVERSITY</a> <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes	<a href="#">UNIVERSITY OF OULU</a> <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes
<a href="#">TAMPERE UNIVERSITY</a> <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes	<a href="#">UNIVERSITY OF TURKU</a> <a href="#">Bachelor's (Finnish)</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes, <a href="#">Partnership degree programmes</a>
<a href="#">UNIARTS HELSINKI</a> ( <a href="#">Academy of Fine Arts</a> , <a href="#">Sibelius Academy</a> , <a href="#">Theatre Academy</a> )  <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes	<a href="#">UNIVERSITY OF VAASA</a> <a href="#">Bachelor's (Finnish)</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes
<a href="#">UNIVERSITY OF EASTERN FINLAND</a> <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes	<a href="#">ÅBO AKADEMI UNIVERSITY</a> <a href="#">Bachelor's (Swedish)</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes
<a href="#">UNIVERSITY OF HELSINKI</a> <a href="#">Bachelor's</a> / <a href="#">Master's</a> / <a href="#">Doctoral</a> programmes	

# 応用科学大学 / Universities of Applied Sciences

<a href="#"><u>ARCADA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>KARELIA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>SAVONIA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes
<a href="#"><u>CENTRIA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>LAB UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>SEINÄJOKI UNIVERSITY OF APPLIED SCIENCES (SeAMK)</u></a> Bachelor's / Master's programmes
<a href="#"><u>DIACONIA UNIVERSITY OF APPLIED SCIENCES (DIAK)</u></a> Bachelor's / Master's programmes	<a href="#"><u>LAPLAND UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>SOUTH-EASTERN FINLAND UNIVERSITY OF APPLIED SCIENCES (XAMK)</u></a> Bachelor's / Master's programmes
<a href="#"><u>HAAGA-HELIA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>LAUREA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>TAMPERE UNIVERSITY OF APPLIED SCIENCES (TAMK)</u></a> Bachelor's / Master's programmes
<a href="#"><u>HUMAK UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>METROPOLIA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>TURKU UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes
<a href="#"><u>HÄME UNIVERSITY OF APPLIED SCIENCES (HAMK)</u></a> Bachelor's / Master's programmes	<a href="#"><u>NOVIA UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>VAASA UNIVERSITY OF APPLIED SCIENCES (VAMK)</u></a> Bachelor's / Master's programmes
<a href="#"><u>JAMK UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes	<a href="#"><u>OULU UNIVERSITY OF APPLIED SCIENCES (OAMK)</u></a> Bachelor's / Master's programmes	<a href="#"><u>ÅLAND UNIVERSITY OF APPLIED SCIENCES</u></a> Bachelor's / Master's programmes
<a href="#"><u>KAJAANI UNIVERSITY OF APPLIED SCIENCES (KAMK)</u></a> Bachelor's / Master's programmes	<a href="#"><u>SATAKUNTA UNIVERSITY OF APPLIED SCIENCES (SAMK)</u></a> Bachelor's / Master's programmes	





# 正規留学 / Degree Studies

- 学位取得留学 / Students intending to get a degree at the university

課程 Level	学士課程 Bachelor's degree	修士課程 Master's degree	博士課程 Doctoral degree
出願方法 How to apply	<a href="#">Studyinfo</a> <a href="#">Joint application</a> <a href="#">Separate application</a>	<a href="#">Studyinfo</a> <a href="#">Joint application</a> <a href="#">Separate application</a>	<a href="#">Studyinfo</a> <a href="#">Doctoral admissions</a>
出願期間 (併願) Application period (Joint application)	12月～1月 9月	12月～1月 9月	大学による
英語で開講されるプログラム Programmes in English	<a href="#">Bachelor's degree programmes in universities and UAS</a>	<a href="#">Master's degree programmes in universities and UAS</a>	<a href="#">Doctoral degree programmes</a>
受験料 Application fee	なし None	なし None	なし None

# 交換留学 / Exchange studies

(updated 2024/3/26)

- 所属大学がフィンランドの大学と提携していることが必須
- 所属大学による学内選考を経て留学が決まる
- 留学期間：半年～1年程度
- 単位は取るが、学位取得留学ではない
- Exchange based on bilateral agreements between universities
- Students need to be nominated by their home university in order to apply
- Exchange period is usually from six months to one year
- Students get credits for their studies, but can not get a full degree

# 個人留学 / Visiting student, freemover

(updated 2024/3/26)

- 留学期間：2か月～1年程度
- 大学間の協定がない
- 大学探しなどの手続きは基本にご自身で進める必要がある
- 学費を払う必要があることが多い
- 単位は取るが、在籍する大学にて単位認定してもらえない場合があります
- フィンランドの全ての大学が Freemover を受け入れている訳ではないのでご注意ください！
- Exchange period is usually from two months to one academic year depending on the university
- No bilateral agreement between the universities
- Students search and contact host universities by themselves
- Students usually pay tuition fees themselves
- Students get credits, but they might not be accepted at their home university
- Note that not all universities in Finland accept freemovers!



## その他 / Other options

- 大学が提供するサマースクール
- 夏季大学
- 公開大学
- Kansalaisopisto/Työväenopisto
- 論文執筆、研究
- University summer schools
- Summer universities
- Open universities
- Kansalaisopisto/Työväenopisto
- Research or thesis work

# サマースクール / Summer Schools

(updated 2024/2/27)

Summer School	University	Study period
<a href="#">Aalto Summer School</a>	Aalto University	July–August
<a href="#">UEF Summer School</a>	University of Eastern Finland	August
<a href="#">Jyväskylä Summer School</a>	University of Jyväskylä	August
<a href="#">LUT Summer School</a>	LUT University	June–July
<a href="#">Turku Åbo Summer School</a>	University of Turku, Turku UAS, Åbo Akademi, Humak, Novia UAS	August

Summer School	University of Applied Sciences (UAS)	Study period
<a href="#">Haaga-Helia Summer School</a>	Haaga-Helia UAS	August
<a href="#">JAMK Summer School</a>	JAMK – Jyväskylä UAS	May–June
<a href="#">Metropolia ICT Summer School</a> <a href="#">Master's Summer School in Business</a>	Metropolia UAS	ICT in August, others throughout the year
<a href="#">XAMK Summer School of Gaming</a>	XAMK UAS	JAugust

Other Short-term Programmes		
<a href="#">Kansalaisopistot</a>		Throughout the year
<a href="#">List of Summer Universities</a> (in Finnish)		





# 生活費 / Fees and costs

(updated 2024/02/27)

- 学費：年間5000～18 000ユーロ
  - 家賃：都市とアパートによる。地方都市で1か月200ユーロ前後、首都圏で1か月400ユーロ前後
  - 学生自治会会費（総合大学）：年間約50～83ユーロ
  - 生活費：1ヶ月約700～900ユーロ
- Tuition fees: 5,000–18,000 euros per year
  - Accommodation: Depends on the area and type of apartment. In smaller cities around 200 euros, in the capital area around 400 euros per month
  - Student union fees (universities): 50–83 euros per year
  - Monthly living costs: 700–900 euros per month

参考：<https://studyinfinland.fi/fees-and-costs>  
<https://www.studyinfinland.fi/life-finland/accommodation>



# 奨学金に関する情報 / Scholarships

## ①フィンランドの出願大学からの授業料免除・減免

対象：EU/EEA圏外の正規留学生

申請方法：出願時に応募。合格通知受理時に減免%通知



Scholarships in Finland

## ②日本の制度を利用（大学内外）

対象：正規留学、1年間の留学など様々で奨学金制度による

### ① Scholarship from Finnish university

Who can apply: Degree students outside the EU/EEA area

Application method: Applied at the same time as you apply to the university.  
Results are informed together with the results of university application



Scholarships in Japan (JASSO)

### ② Japanese scholarship (from your university or other organizations)

Who can apply: Depends on the scholarship.  
There are various for degree students, exchange students etc.

# ビザに関すること    Visa related matters

ビザに関することは、駐日フィンランド大使館へお問い合わせください  
In visa related matters, please contact the Embassy of Finland in Tokyo

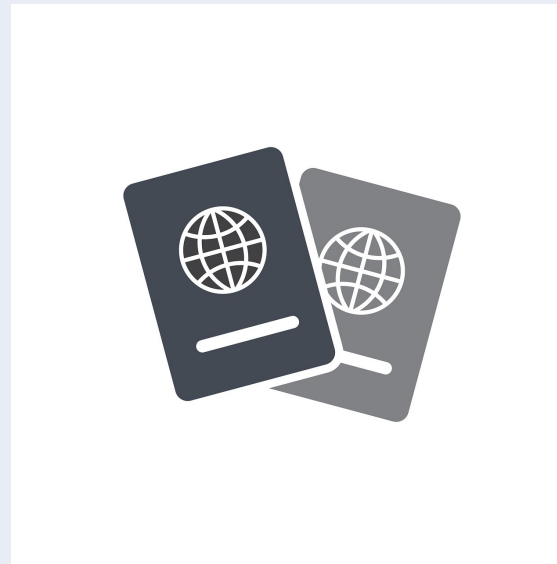


Photo: pixabay.com

# 2024年上半期のフィンランド留学ウェビナー

- 4月23日（火） 17:00
  - ハンケン経済大学
  - アアルト大学
- 5月21日（火） 17:00
- 6月18日（火） 17:00

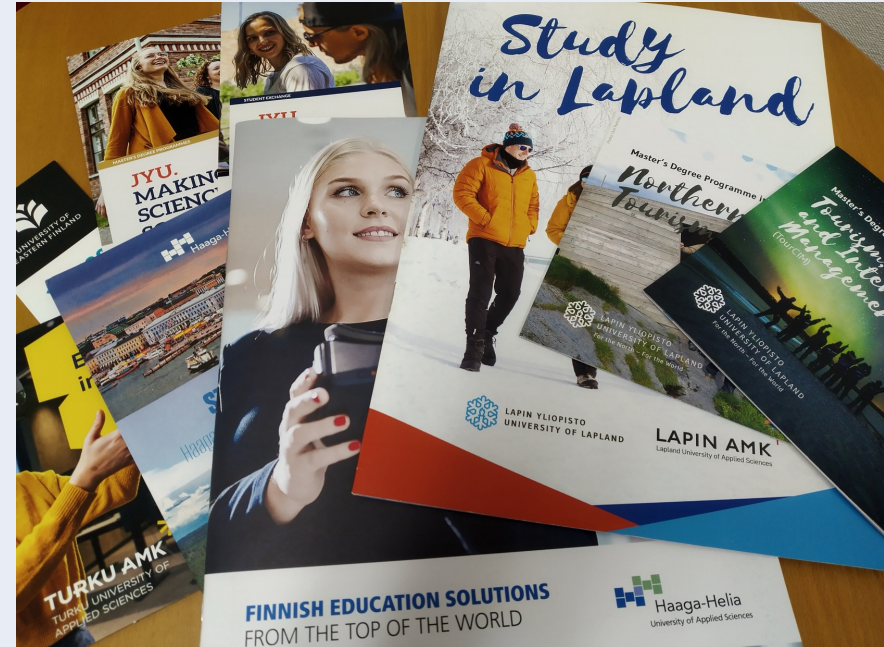


Photo: Finnish Institute in Japan

• オンライン（ZOOM）

• 参加申込：<https://finstitutejapan.peatix.com>

# アンケート Survey



アンケートへのご協力をお願い致します！  
We want to hear your opinion! Kindly participate  
in our survey!

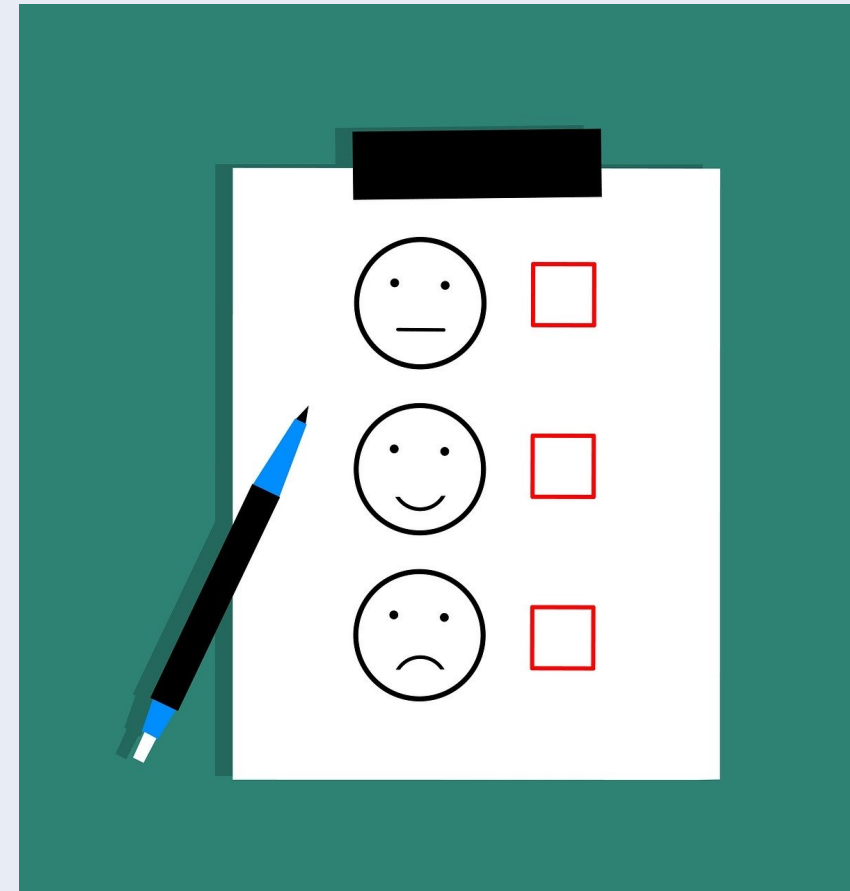


Photo: pixabay.com





**KIITOS PALJON!**  
**ご清聴ありがとうございました！**

Follow us on our social media!

<https://f institute.jp>



お問い合わせ： [science@f institute.jp](mailto:science@f institute.jp)

過去の留学セミナーのアーカイブや留学情報等：  
Archives of past webinars and other information:  
<http://www.f institute.jp/ja/infostudyinfinland-ja/>

# UNIARTS HELSINKI

**×** SIBELIUS ACADEMY

UNIARTS HELSINKI = ACADEMY OF FINE ARTS + SIBELIUS ACADEMY + THEATRE ACADEMY

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# UNIARTS HELSINKI

**University of the Arts Helsinki is an ambitious university community for bold reformers and experts in tradition as well as the most sought-after study place in Finland.**

**We provide education in music, fine arts, performing arts and writing.**



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# Uniting the Very Best of Finland

✘ THEATRE ACADEMY (1866)

+

✘ SIBELIUS ACADEMY (1882)

+

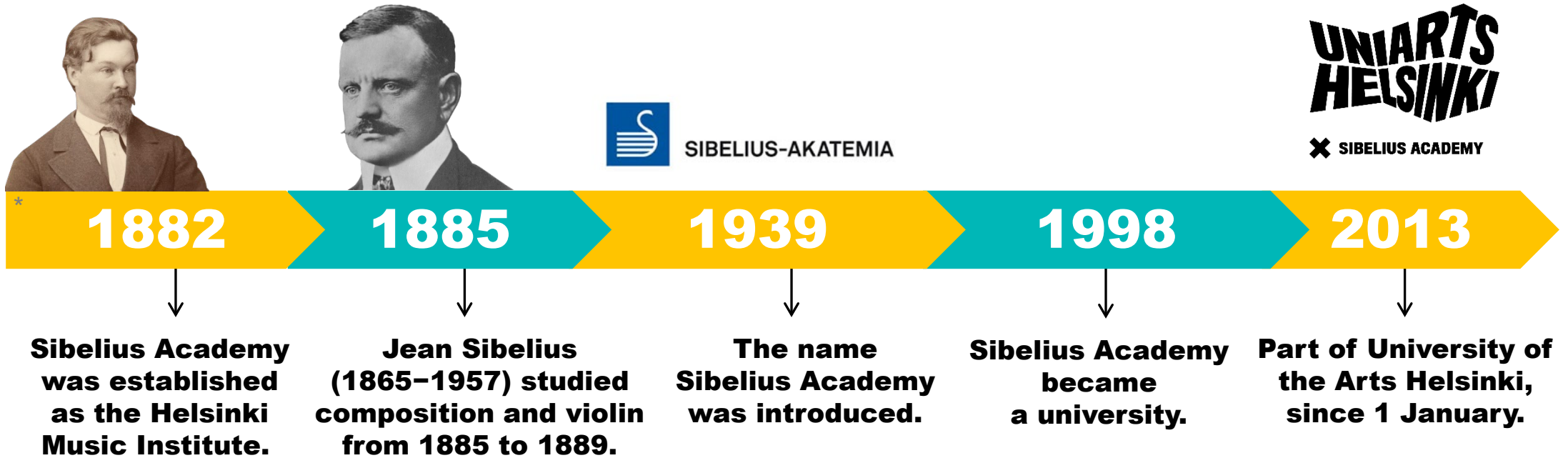
✘ ACADEMY OF FINE ARTS (1848)

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**UNIARTS  
HELSINKI**

(2013)

# Timeline



\* Martin Wegelius (kuva: Riis Charles, 1878, lähde: Museovirasto, finna.fi)



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## Who We Are

- ✘ Our mission is to foster and renew musical culture through teaching, research and artistic activities
- ✘ We are the only university-level music academy in Finland and one of the largest in Europe
- ✘ We train artists, teachers, researchers, and other music professionals for independent artistic work
- ✘ We offer studies at Bachelor, Master and Doctoral levels





# UNIARTS HELSINKI

## ✕ SIBELIUS ACADEMY

We are committed to supporting our students in forming their individual professional identities in a community that embraces diversity and togetherness.

We strive to educate both world-class artists and versatile professionals who create the future of music and influence the society as a whole.





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# Diverse Study Options

- ✘ Arts Management, Society and Creative Entrepreneurship
- ✘ Church Music
- ✘ Classical Music Performance\*
- ✘ Composition and Music Theory
- ✘ Conducting
- ✘ Folk Music
- ✘ Global Music
- ✘ Jazz
- ✘ Music Education
- ✘ Music Technology

\*Major instrument or Voice:

Accordion, Early Music, Fortepiano, Guitar, Harp, Kantele, Opera, Opera Coaching, Organ, Percussion, Piano, String Instruments, Vocal Arts, Wind Instruments





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# Ambitious Artistic Activities

Performing before a live audience is one of the key aspects of our educational model.

Our students perform in over 700 public concerts annually, including their individual recitals at the Helsinki Music Centre.

Constant live practice and collaboration with world-class artists and professional organisations equip them to thrive in a wide range of musical and cultural contexts.





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# Contributing to higher music education on a global scale

- ✦ Through our broad network and high-quality partnerships, we provide meaningful internationalisation opportunities for students and staff
- ✦ An international exchange period is available for all students
- ✦ Teachers are encouraged to participate in teacher exchange
- ✦ Our learning environment is international through our diverse student body, as well as visitor programmes, masterclasses and intensive courses
- ✦ We initiate, co-ordinate and participate in innovative educational development projects globally





# **How to apply to a degree programme**

# Admissions for Bachelor's and Master's Programs



More information: [siba.hakijapalvelut@uniarts.fi](mailto:siba.hakijapalvelut@uniarts.fi)

More about applying and admissions: [www.uniarts.fi/en/interested-in-studying-at-the-sibelius-academy/](http://www.uniarts.fi/en/interested-in-studying-at-the-sibelius-academy/)



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# Eligibility requirements

- × **All applicants are required to have sufficient**
  - × **Language skills in either English or Finnish or Swedish.**
    - × **Knowledge of Finnish is not required!**
    - × **Applicants can demonstrate their language proficiency either with a language skills test or earlier studies that are completed in English in one of the countries mentioned in our language requirements**
  - × **Background education:**
    - × **A foreign degree or qualification that makes you eligible for corresponding higher education in the awarding country is required to be eligible to apply to our bachelor's programmes**
    - × **A lower university degree (from the field of music) is required in our master's programmes**
    - × **Also those who graduate during the Spring can apply**
- × **The eligibility of each applicant is checked based on electronic documents that applicants need to submit with their application**

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# Entrance examinations

- × Student selection is based solely on entrance examination performances
- × The format of entrance examinations varies between programmes
  - × 100 % online: audition videos, Zoom interviews, written assignments etc.
  - × 1st stage videos/other remote assignments, 2nd stage live audition in Helsinki, Finland
  - × Entrance examinations completely in Helsinki, Finland
- × Applicants' performances are scored, study places are offered to those with the highest scores
- × No pre-determined quotas in any of our programmes

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# **Tuition fees and scholarships 2024**

- × Tuition fee: currently 5 000 € per academic year**
- × Who has to pay: Non-EU and non-EEA students studying for a bachelor's or a master's degree in English.**
- × First year students can get a 50% waiver for their tuition fee.**
- × After the first study year tuition fee waivers (usually 50 %) are awarded to selected students based on the progress of their studies and study performance.**
- × Uniarts Helsinki does not grant scholarships for living expenses**

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# Admissions for Doctoral Programs



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# How to apply to a degree programme

- ✘ Search for a programme you wish to apply to.
- ✘ Read the admissions guide in the Autumn once it is published.
- ✘ Prepare all required documents needed to submit an application.
- ✘ See what you are required to perform in the entrance examinations and start practising.
- ✘ Submit your application during the application period. Late applications are not accepted!
- ✘ A detailed admissions schedule is in the admissions guide.
- ✘ Participate in the entrance examinations as is instructed in the admissions guide.

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# Interested in studying at the Sibelius Academy?

- ✘ Learn more:  
[uniarts.fi/this-is-siba](http://uniarts.fi/this-is-siba)



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## Contact information and other useful links

- × Admissions office: [siba.admissions@uniarts.fi](mailto:siba.admissions@uniarts.fi)
- × Interested in studying at the Sibelius Academy?: <https://www.uniarts.fi/en/interested-in-studying-at-the-sibelius-academy/>
- × Student ambassadors: <https://blogit.uniarts.fi/en/post/meet-the-sibelius-academys-student-ambassadors/>
- × Study options: [https://www.uniarts.fi/en/study-options/?terms\[\]=13465&terms\[\]=205&terms\[\]=211&terms\[\]=217&terms\[\]=244](https://www.uniarts.fi/en/study-options/?terms[]=13465&terms[]=205&terms[]=211&terms[]=217&terms[]=244)
- × Admission guides: [https://www.uniarts.fi/en/admissions-guides/?search\\_term=&terms%5B%5D=13465&searched=1](https://www.uniarts.fi/en/admissions-guides/?search_term=&terms%5B%5D=13465&searched=1)
- × Tuition fees: <https://www.uniarts.fi/en/general-info/tuition-fees-and-scholarships/>
- × Tuition fee waivers and scholarships: <https://student.uniarts.fi/general-info/tuition-fee-waivers-and-finland-scholarships/>
- × Useful information on studies at us and living in Helsinki etc.: <https://www.uniarts.fi/en/study-at-uniarts-helsinki/>





# **How to apply for student exchange**

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# Applying for Exchange Studies: Who Can Apply?

- × Who can apply?
  - × The applicant has to be a student at an institution that has a Bilateral Exchange Agreement with the Sibelius Academy (or a student at an Erasmus+ programme eligible institution).
  - × If you are not sure if you can apply, contact your home institution's International Office!
- × Language requirements
  - × There are no exact requirements for exchange students' language skills. However, we expect CEFR level B2 on language proficiency in English (or Finnish / Swedish).
  - × You can use the CEFR self-assessment grid to evaluate your level of proficiency in English.
- × Exchange periods
  - × You can apply either for the fall semester, spring semester or the full academic year.
  - × Fall semester August/September – December
  - × Spring semester January – May
  - × Full year August/September – May

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# Applying for Exchange Studies: Online Application

- ✘ All applications are submitted in Mobility Online
- ✘ You need to include all the required documents and material in the application, such as:
  - ✘ Transcript of records
  - ✘ Motivation letter
  - ✘ Links to audition video or portfolio
  - ✘ Study Plan
- ✘ Guidelines and requirements will be updated on our website before the application round starts.
- ✘ The exact requirements for the application depends on the department you are applying to.
- ✘ All applicants should also be prepared for an online interview.

✘

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# Applying for Exchange Studies: Evaluation and Final Decisions

- ✘ Complete applications submitted through the online application system by deadline will be sent for evaluation to the department in question.
- ✘ The final decision on is based on the quality of the application and the availability of study places and suitable teachers.
- ✘ The applications are evaluated in March – April, and the results are released in April – May.

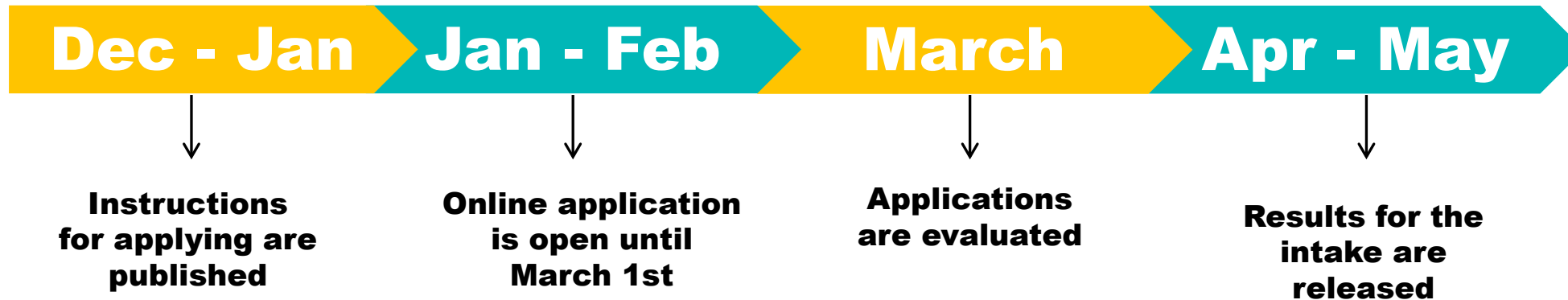
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# Applying for Exchange Studies: Good to Know

- ✘ There is no tuition fee for exchange students.
- ✘ We cannot offer housing but will help with finding accommodation.
- ✘ Compiling a study plan for the exchange application can be challenging, therefore, we have published instructions for making one:
  - ✘ <https://www.uniarts.fi/en/study-plan-instructions-for-student-exchange-applications/>
- ✘ The instructions for study plan can also give you an overview on what your studies could consist of during exchange.
- ✘ We get between 270 – 330 exchange applications each round and can offer a place for 60 – 80 students depending on the year.

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# Applying for Exchange Studies: timeline



More about applying for exchange: <https://www.uniarts.fi/en/guides/how-to-apply-for-exchange-studies-at-the-sibelius-academy/>

Contact: [siba.international@uniarts.fi](mailto:siba.international@uniarts.fi)





## **Campuses & facilities**





# State-of-the-art Facilities



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# Helsinki Music Centre

- ✘ Our location at Helsinki's focal concert site allows our students to join forces with some of the most exceptional artists of our time
- ✘ Three residents: the Sibelius Academy, the Helsinki Philharmonic Orchestra and the Finnish Radio Symphony Orchestra
- ✘ Outstanding performance venues from a 1,700-seat Concert Hall to five smaller halls – for large orchestra concerts and operas, small chamber and jazz ensembles, and more



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# The legendary "R Building"

- ✘ An architectural gem and central place for music studies since 1931
- ✘ Originally the main building of the Sibelius Academy
- ✘ Houses a 550-seat Concert Hall, Chamber Music Hall, Small Music Hall as well as classrooms and practice rooms
- ✘ Café Feeniks serves students, art enthusiasts and concert-goers





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# The "N Building"

- ✘ Houses 28 classrooms, an instrument workshop, office spaces and conference rooms
- ✘ Student restaurant serves affordable meals
- ✘ An architectural example of classical functionalism
- ✘ Underwent a full renovation to suit the needs of music studies in 2014



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# Campus Tour





## **Key Figures**





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# Student Body

2023–2024

Total enrollment

**1243**

students

**489**

Bachelor-level students

**140**

Doctoral students

**614**

Master-level students

**+100**

Junior Academy students



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# International Student Body

2023-2024

**230**

International students

**21%**

of bachelor and master-level students are international students

**19%**

of doctoral students are international students

**60**

Incoming exchange students

**292**

Incoming exchange student applications



# Staff

**118**

Full-time academic staff

**93**

Part-time academic staff

**365**

Hourly paid teachers

**81**

Full-time service staff

**9**

Part-time service staff

**25**

Post-doctoral researchers  
and doctoral students



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# Studies and Teaching

**13%**

Acceptance Rate

(2022: Accepted 207 /  
Applications 1524)

**4:1**

Student/Faculty Ratio  
(2021)

**1,000**

Student Performances  
Annually





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# Financial information

Annual Operating Budget

**21**  
m€

**5,000€**

Annual tuition fees for  
non-EU/EEA students

**EU/EEA  
students do not  
pay tuition fees**





**Finland**

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# Wonderland of Music

## × History:

- × Music has played a vital role in the evolution of the Finnish culture and nation
- × A heightened place in the collective consciousness through the influence of composer Jean Sibelius
- × A small population with a huge number of music enthusiasts, active concert goers and performers

## × Educational system:

- × A strong network of local music institutes complemented by music education in schools, church music education and a variety of music camps
- × A nationwide curriculum for basic art education offers an equal starting point for studying art throughout Finland
- × Highly qualified faculty from early music training to high-level music education

## × Vision:

- × Everyone has a possibility to study music and pursue music as a hobby everywhere in Finland



## **Student experiences**





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**“The atmosphere is relaxed and non-competitive. I feel comfortable playing in front of my classmates because there’s no fear of judgement.”**

**Clodhna Scott, Flute  
Scotland**





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**”They help us learn from the styles of historical composers but they’re also very open-minded to whatever we want to do. All this has expanded my musical toolbox and made a massive impact on my work.”**

**- Nicholas Main, Composition and Vocal Arts  
The United States**





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**”The premises for choral conducting are exceptional. Students get to work with a vocal ensemble of 16 professional singers. Learning from a practical situation is the most important tool for conducting students.”**

- Kristina Bogataj, Choral Conducting Slovakia





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**”We are a good group with a positive energy, and I never feel any kind of competition career-wise. We also help each other outside school, so it’s a valuable social and professional network.”**

**- Ranieri Scoccia, Arts Management Italy**





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**”Students are encouraged to take an active role in their own learning and development, and to engage with the wider musical community through performance and collaboration.”**

- Mehrnoosh Zolfaghari  
Global Music, Iran





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**”Working with professional orchestras and conductors allows us to tap into a wisdom that has been growing way longer than students have been alive.”**

**- Aku Sorensen, Conducting Class Finland and the United States**





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**”I love the part of the day when my phone won’t stop getting notifications from group chats with ‘lunch at 12:30 anyone?’ It’s all of the right things together: tasty and cheap lunch with friends.”**

**-Lucía Castillo Gutiérrez, Oboe  
Spain**





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**”The learning environment is very open-minded and non-judgmental. This is also a caring community. Every student is very well looked after.”**

**- Cowley Fu, Piano  
Australia**





SIBELIUS-AKADEMIN

SIBELIUS-AKATEMIA

SIBELIUS ACADEMY

**”I have lots of individual instruction, but my teachers don’t tell me exactly what to do. I am learning to understand the reasons behind the different artistic choices and to create a musical mind of my own.”**

**- Johanna Randvere, Baroque cello  
Estonia**





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**”There is a strong sense of community, which provides a supportive environment for students, helping us to explore our creative potential.”**

**- Adele Xiang, Cello  
Australia**





**Videos**

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## **Creative dialogue: Uniting composers and musicians from around the world**



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# Initiatives to enrich educational development

## ✦ International Visitor Programme





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# Initiatives to enrich educational development

## ✘ International Visitor Programme



**UNIARTS  
HELSINKI**

**✕ SIBELIUS ACADEMY**





# ヘルシンキ大学正規留学体験談

竹鼻愛



# 自己紹介

## 竹鼻愛

- 2000年生まれ (23歳)      • 群馬県出身
- 2023年3月      慶應義塾大学理工学部生命情報学科卒業
- 2023年8月～ ヘルシンキ大学修士課程在籍中
- 本格的な留学はこれが初めて  
(中学の時アメリカでホームステイ2週間のみ)
- 趣味: 旅行、映画鑑賞 (特にSF)



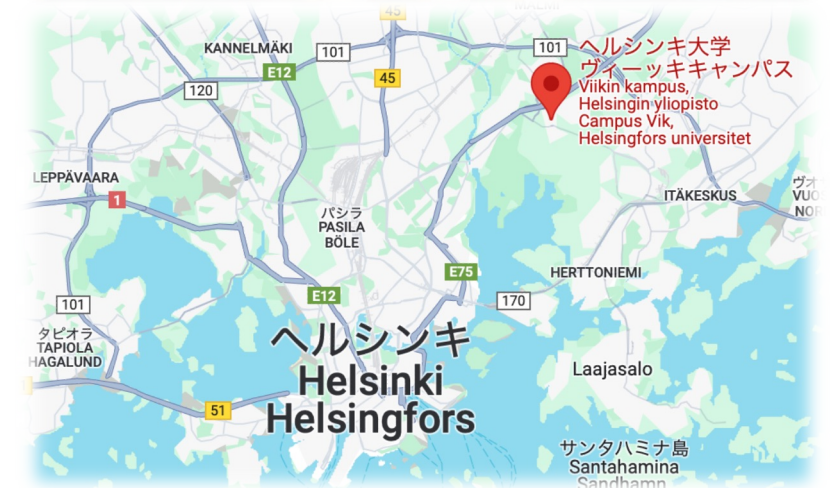


ヘルシンキ大学

# Master's programme in Neuroscience (脳神経科学)

- 学位：Master of Science
- 学部: Faculty of Biological and Environmental Sciences (生物環境科学)
- 言語：英語      • 期間：2年間
- 授業料 (EU圏外の人)：年18,000 € (約290万)

• キャンパス: Viikki



# なぜフィンランド?



大学一年生のときの旅行   

ヘルシンキの

- ・美しい街並み
- ・自然+利便性
- ・治安の良さ
- ・人の優しさ

➡ フィンランドで留学したい!



ヘルシンキ

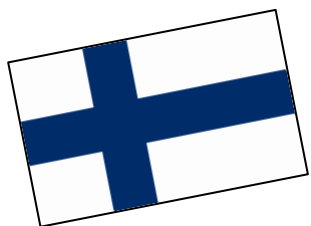


# なぜ正規留学？

- フィンランドとの交換留学制度なし
- 修士のプログラムに興味ある講義
- 奨学金で授業料無料になる可能性



留学するなら…



好きな国で好きな勉強をしたい！





# 合格にむけて

2021年夏～ 語学勉強開始(TOEFL/IELTS)

情報収集開始

2022年春～夏 Open Universityで授業受講

2022年9月 英語条件満たす

10月～ 出願書類準備

12月/1月 出願

2023年2月 オンライン面接

3月 合格発表

大学卒業



- ・ 関連する学習・研究経験
- ・ GPAをできるだけ上げる

# 奨学金

## University of Helsinki Scholarship (ヘルシンキ大学奨学金)

- ・ 3種類 フィンランド奨学金 (授業料免除+5000€)  
授業料100 % または 50 % 免除
- ・ 出願時に申請。追加で申請理由を記入。
- ・ 合格と同時に奨学金の結果・種類の発表。
- ・ 多くのEU圏外の生徒がもらっている印象。



# 留学生生活(勉強編)

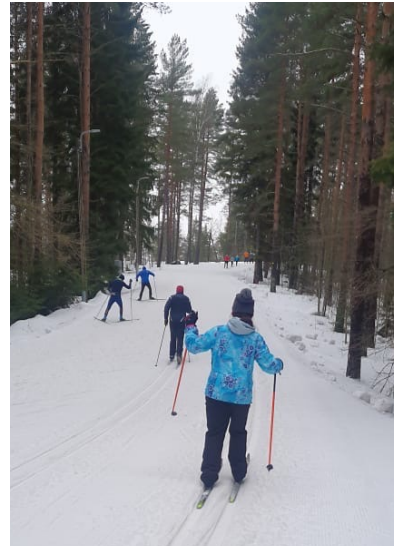
2023年秋のある1週間

wk 38	Mon 18.9.	Tue 19.9.	Wed 20.9.	Thu 21.9.	Fri 22.9.
08.00		08.15-09.45 SUO-111 Basic level Finn Course, Lectures		08.15-09.45 SUO-111 Basic level Finn Course, Lectures	
09.00					
10.00	10.00-14.00 NEU-101 Cellular physio Course, Luennot	10.00-14.00 NEU-101 Cellular physio Course, Luennot	10.00-16.00 NEU-105 Methods and T Course, Luennot	10.00-14.00 NEU-101 Cellular physio Course, Luennot	10.00-14.00 NEU-101 Cellular physio Course, Luennot
11.00					
12.00					
13.00					
14.00					
15.00					
16.00					

- 1年次は授業がメイン
- 研究開始のタイミングは自由
- 教授に自分でコンタクト
- 研究で給料が出る場合も
- 修論は他の大学や国、  
企業で書いてもOK



# 留学生生活(プライベート編)





# 1ヶ月の費用

## 生活費

家賃(水道+電気含む)	444€
携帯代	20€
交通費(定期)	40€
食費+日用品	約200€

約700€ (約11万)

## 娯楽

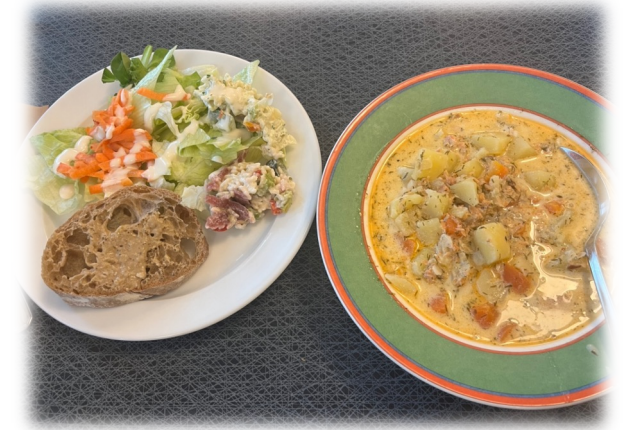
### 旅行

イベント参加費用  
外食・カフェ

100~300€

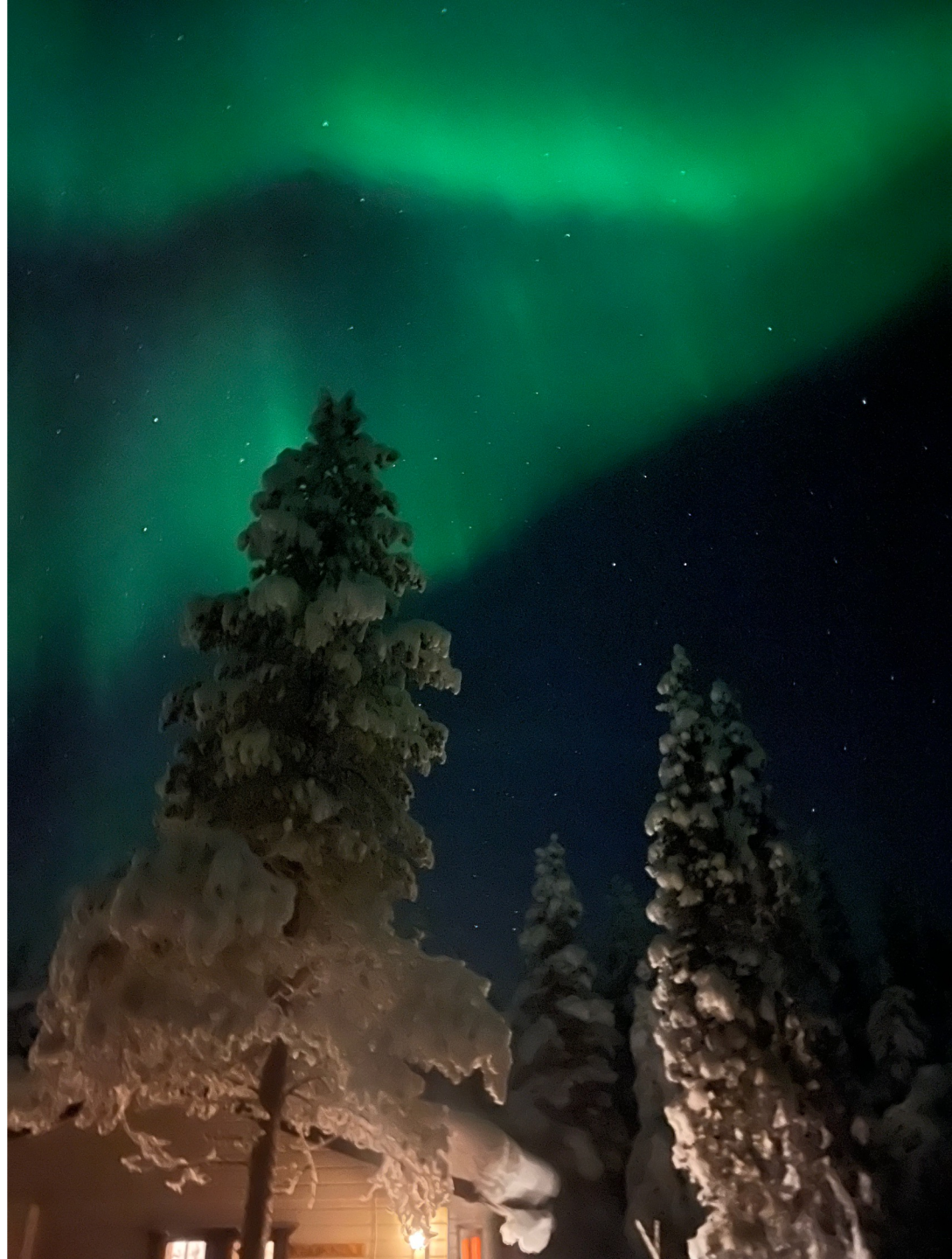


800~1000€  
(13万~16万)



# 世界一幸せな国で生活してみても

- ・ テンプレートがない
- ・ 男女の差をあまり感じない
- ・ “休む”ことを大切にしている
- ・ シンプルで自然と密接な暮らし





# 連絡先など

Instagram: @ai\_travarc

質問があればDMしてください！



@AI\_TRAVARC

[ヘルシンキ大学 Open University](#)

[ヘルシンキ大学英語の修士プログラム](#)

[Master's programme in Neuroscience](#)



Ganglion

Instagram: @ganglion\_helsinki





A wide-angle photograph of a snowy mountain landscape at sunset. The sky transitions from a deep blue at the top to a bright orange and yellow near the horizon. In the foreground, several trees are heavily laden with snow, their branches drooping under the weight. A ski lift track is visible in the middle ground, winding through the snow. The background shows rolling hills and a dense forest of snow-covered trees. The overall atmosphere is serene and peaceful.

Kiitos!